

LIVING WELL IN WATERLOO REGION

# GRAND

## *Sitting Pretty*

MELISSA SHADD & VANESSA REMPEL  
*poised to make big moves in media*

### FROM STRATFORD to DRAYTON

And beyond, Kevin Fraser  
brings plays to light

### TUNE INTO

Guitar greats  
Juneyt and  
Folkway Music

### REGIONAL RESOLUTIONS

**10** grand  
goals  
for 2016

*Also*

SAVOURING SLOW COOKING WITH DONNA-MARIE PYE OF RELISH  
CASSANDRA CACCIOPOLI ON TOUR WITH JANET JACKSON

JANUARY | FEBRUARY 2016 \$5.95

